

Patient Perspective: Personalized Precision Optimal Care Is Much Better

“Participating in [IAQplus] program has had a very positive impact on my diabetes, weight, and quality of life. I have seen a significant decrease in my glucose levels, sleep much better, have lost weight and feel physically and mentally healthier. Every 2-week health coaching by IndividuALLYtics Care Team helped support changes to my care habits.”, from IAQplus 70+ year old patient with multiple chronic conditions.

Multiple Chronic Condition Patient Previously Unable to Successfully Manage Their Lifestyle Related Behaviors for Better Health & Quality of Life

Individual Multiple Chronic Condition Patient hypertension experience:

59-year-old man with hypertension and what most would consider a stressful lifestyle. He is active and mostly healthy. His hypertension had been under control for years on a low dose ACE inhibitor, or so he thought. When he began his IndividuALLYtics IAQplus Program and started monitoring his blood pressure daily, he learned a very different story. The two week coaching provided by IndividuALLYtics was key since that is what really helped keep this patient on track, when previously he could not. He and his IndividuALLYtics Connected Care team could see that his blood pressure medication at baseline dose was not working (Phase A). In telephonic and email consultation with his primary care physician and IndividuALLYtics Connected Care team, the physician doubled his medication dose with continued monitoring. This dose change did not yield a significant change in either systolic or diastolic blood pressure. As a result the IndividuALLYtics Connected Care team in consultation with the patient’s physician, using IAQplus Program Dashboard, increased the dose once again resulting in the correct dose.

Key benefit to this patient and their doctor was achieving the correct dose of medication quickly through monitoring and care support available with the IndividuALLYtics IAQplus platform.

Authority Health Patient hypertension experience:

A community health patient had a significant increase in blood pressure. IndividuALLYtics Care Team quickly determined that the reading was correct, reassured the patient, and concluded that an ER visit was unnecessary. Although an ER visit was not necessary the team was concerned with his blood pressure level and although he was scheduled to see his physician the following month, team arranged an appointment for him within two days. The patient appreciated how he was taken care of by the team and saw his physician to discuss and treat his higher than desired blood pressure. The close monitoring and responsiveness of the IndividuALLYtics Care Team between scheduled doctor visits benefited the patient, the physician and avoided a costly and time-consuming ER visit.

“I’m looking to recommend your IAQ+ solution [to other community health organizations or other practices]” and “It’s all down to the level of care and dedication IndividuALLYtics provides their patients”.

Dr. Ernie Yoder, Medical Director for Authority Health

Contact Us for Faster Better Patient Outcomes:

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